

FOOD SUPPLEMENT REGULATORY CONSULTING

Food Supplement Regulatory Consulting

From Formulation to Shelf, Compliantly

Product notifications, labelling compliance and borderline product assessment for food supplement and nutraceutical brands entering global markets.



Trusted by 200+ life sciences companies worldwide

THE FOOD SUPPLEMENT CHALLENGE

One product. Many rulebooks.

Food supplements are not regulated the same way everywhere. The same capsule can be a food in one country, a health product in another and a medicine in a third. Ingredient lists, permitted claims, labelling rules and notification routes all change at the border, and an error can mean delayed launches, relabelling, product withdrawal or enforcement action.

WHERE BRANDS TYPICALLY GET STUCK

01

Classification

Is the product a food supplement, a medicine or a novel food in each target market?

02

Ingredients

Are all actives, botanicals and additives permitted, and at what levels?

03

Claims

Which nutrition, health and wellness claims can you make, and what evidence do they need?

04

Labelling

Mandatory statements, warnings, dosage and language requirements differ by country.

05

Market entry

Notifications, registrations and local representation vary by authority.

RABT GLOBAL AT A GLANCE

500+

Regulatory submissions

200+

Global clients

40+

Countries covered

5+

Years of expertise

Company-wide figures across pharma, medical devices and life sciences.

WHAT WE DO

Our Food Supplement & Nutraceutical Services

Compliance-driven support from first formulation review to post-market.

CORE SERVICES

01

Product notifications

Preparation and filing of food supplement and nutraceutical notifications with the relevant authorities.

02

Labelling compliance

Review and development of compliant labels, mandatory statements and packaging artwork checks.

03

Borderline product assessment

Clear classification advice when a product sits between food, supplement, cosmetic and medicine.

SUPPORTING SERVICES

Regulatory strategy & market sequencing

A multi-country roadmap that prioritises the fastest, lowest-risk route to market.

Regulatory intelligence

Proactive monitoring of changes to ingredient, claims and labelling rules that affect your range.

Ingredient and formulation compliance review

Screening of actives, botanicals and additives against market-specific permitted lists.

Claims review

Guidance on permissible nutrition and health claims and the substantiation they require.

Dossier and technical documentation support

Preparation of submission-ready documentation by regulatory specialists and in-house medical writers.

Regulatory representation

Local representation and authority liaison, including US FDA Agent and EU Authorised Representative services.

Post-market compliance

Label updates, variations and regulatory change management.

Cosmetics adjacency

Go-to-market and cosmetics legal representative services for brands that also sell cosmetics.

GLOBAL REACH

Markets We Support

Regulatory expertise across every major market.

RABT Global operates across five continents, with dedicated specialists in FDA, EMA, MHRA, CDSCO and GCC frameworks and regional coverage across the USA, EU, UK, India, the Middle East, ASEAN, APAC, CIS and Africa.

United States	Dietary supplement labelling rules, claim types, FDA establishment registration and a US Agent for foreign manufacturers
European Union	National notification routes, permitted ingredients, nutrition and health claims rules, novel food status
United Kingdom	Post-Brexit supplement rules, labelling and claims, responsible person requirements
India	FSSAI requirements for health supplements and nutraceuticals
Middle East (GCC)	SFDA (KSA), MOHAP (UAE), Kuwait and Qatar product registration and labelling
ASEAN, APAC, CIS, Africa	Country-by-country classification, registration and local representation

REGULATORY FRAMEWORKS

FDA

EMA

MHRA

CDSCO

GCC

REGIONAL COVERAGE

USA

EU

UK

India

Middle East

ASEAN

APAC

CIS

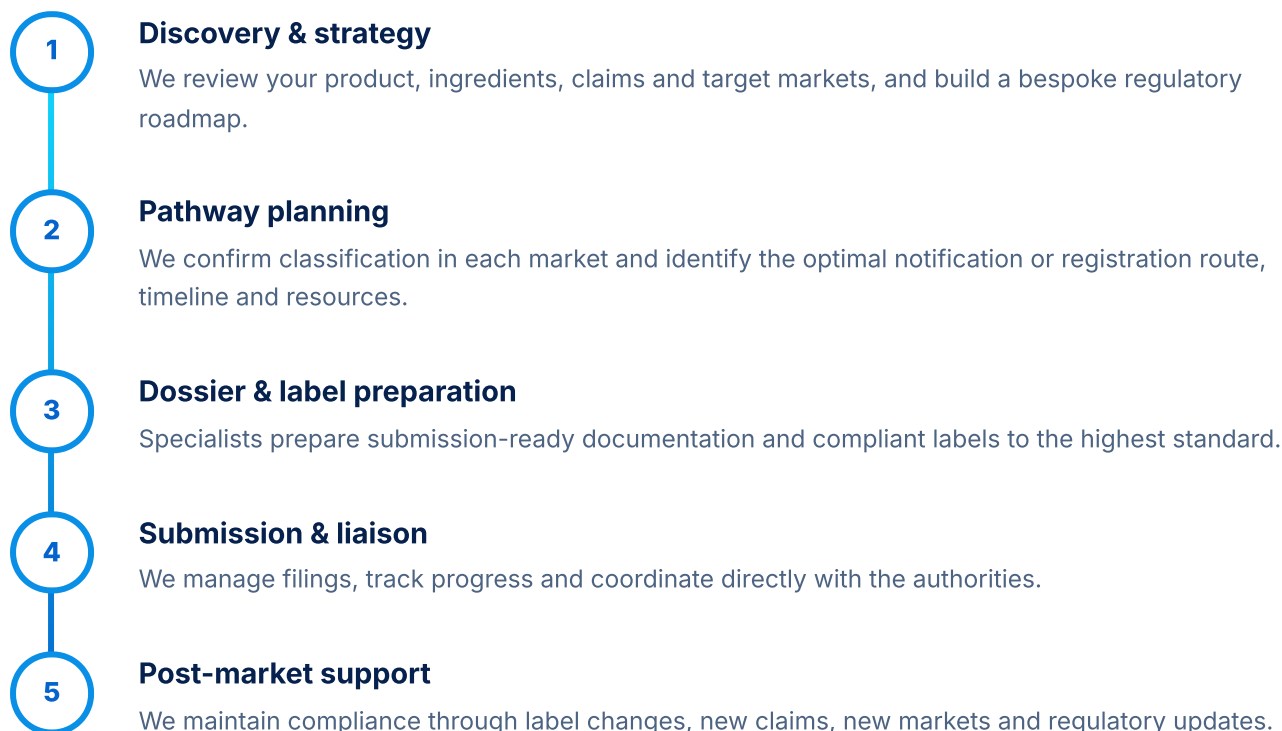
Africa

One team across five continents, so your supplement range is planned market by market, and launched compliantly.

HOW WE WORK

How RABT Global Delivers

A proven five-step approach, applied to your supplement range.



WHY BRANDS CHOOSE RABT GLOBAL

End-to-end coverage

One partner from strategy to post-market.

Multi-jurisdictional expertise

One team across multiple regions, so your market sequencing is planned together.

Dedicated regulatory teams

Your file is handled by qualified RA specialists, not generalists.

Regulatory intelligence included

We flag changes before they affect your launch.

Global + local presence

Offices and regional partners across the USA, EU, UK, India and the Middle East.

Scales with you

From first-time launches to established multi-market ranges.

CREDENTIALIALS

Why Clients Trust RABT Global

- ✓ Qualified regulatory affairs professionals with RAC, MSc and PhD credentials
- ✓ ISO-compliant quality management systems for all regulatory deliverables
- ✓ Member of TOPRA (The Organisation for Professionals in Regulatory Affairs)
- ✓ Transparent project management with a dedicated account manager per client
- ✓ Confidentiality protected by signed NDAs across all engagements

LET'S TALK

Ready to Launch Your Supplement Range Globally?

Speak with a RABT Global regulatory expert today. No commitment, no pressure, just clear guidance tailored to your product and your markets.

[Book Your Free Regulatory Consultation](#)

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